

Recreational Release Form

We encourage our guests to enjoy the outdoor life of the huge Adirondack Park but want to advise you of some precautions before emulating Tarzan and Jane.

Dry Island is a combination of fine housing and rugged outdoor land. While generally quite safe, some of the island topography is rough. We advise that very small children not be left unattended as they could wander and possibly hurt themselves.

A few other cautions: Helmets are to be worn when bike riding. If under 12 years old, PFDs (life jackets) are to be worn when riding in the boats, canoes, kayaks, etc. If you do not know how to swim you need to advise us so that extra precautions may be taken. There is no boating, canoeing, kayaking, etc. before dawn or after dusk. Even adults who are great swimmers must have PFDs within easy reach when boating on our lake.

Note: Guests who have experience in "night boating" and are proficient in the skills needed for being on the lake in the dark, may be permitted to use the boats to go back and forth from the island to the landing. A PFD must be worn at all times.

You should swim only in the designated areas and always have someone to act as your "buddy". You must never attempt a crossing of any kind to any of the islands or the mainland by trying to swim the distance without a boat close to you acting as "guard" for approaching boats who may not see you.

We have not encountered any dangerous animals on our island (with the possible exception of our Caretaker) but there are occasional bears wandering the mainland. Keep your eyes open.

The mountains are a safe place to live and have fun so long as you follow the wisdom and suggestions of those who have been here many years.

Never hike mountains at night and do not climb a mountain from which you are unable to descend by nightfall. Speak to us and learn about various precautions before undertaking strenuous activities.

Please read the following and acknowledge with your signature.

I agree to release Dry Island, its employees, agents, and ownership, of all responsibility and liability pertaining to the use of any and all recreational facilities, not limited to, but including all swimming, canoeing, boating, hiking, mountain climbing, and bicycle use.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

# *Dry Island Activities*

A few of the activities available on or around Dry Island:

Art Galleries	Lake Placid/Saranac Lake/Tupper/Blue Mt.
Arts and Crafts	(Main camp) Acrylics, water paints, brushes, etc.
Astronomy	(Main camp- LX-200 8" computerized scope)
Biking	(Main camp - 6 Mt. Bikes)
Bird Watching	(Main camp - 10 x 50 binoculars)
Bobsled (winter)	(Lake Placid)
Bocci	(Main camp)
Camping	(New umbrella tent available)
Canoeing	(Three at Dry Is. and 4 at main camp)
Concerts	(Almost every week-See us for schedule)
Crafts Fairs	(Biggest one is in Sept. in Blue Mt.)
Croquet	(Main camp)
Downhill skiing	(Many areas within 1 hour)
Fishing	We have lots of gear at both camps. Consider an all day or wilderness guided fishing expedition.
Ice Fishing (winter)	(All lakes)
Frisbee	(Main camp)
Furniture Shows	Everywhere
Golf	Many courses nearby – One is 5 minutes away. They will pick you up in a golf cart at the water's edge only a mile from the island.
Helicopter	A neighbor has a new one on our lake. Try lunch on a mountain top overlooking the Adirondacks.
Hiking	Everywhere-Mountains for small fry to accomplished hikers and climbers.
Horseback	One-three day rides into the high peaks wilderness.
Horseshoes	(Main camp)
Jogging	Dry Island will have its own nature and jogging trail shortly. It will be rustic so be careful.
Kan Jam	A Frisbee style game that is big on college campus's. (Main Camp)
Kite Flying	All you need is a windy day
Lake tours	Anytime you like, arrange with Caretaker
Libraries	In town plus new 15 million dollar Weill Library at Paul Smith's College 20 min away.
Museums	Adirondack Museum at Blue Mt. And many others
Nature Trails	Numerous hiking and cycling tails
Olympic Venue	Constant activity at the training center in L/P
Paintball	(Main camp – Six top end markers)
Skating	Lake Placid, Saranac Lake, Tupper Lake
Sleigh rides Winter	Many places near by
Tennis	Public and private courts nearby
Toboggan	(Main camp – winter)
Tubing	(Every day if you like) We have a wide variety of tubes, chariots and other gizmos to pull behind the ski boat.

Volleyball	In 2014, we brought in 120 tons of beach sand and built one of the few Beach Sand Volleyball Courts in the Adirondacks. (Main Camp)
Wake boarding	Yep, we have one of those too
Water Skiing	(Just ask and we're there)
XC Skiing	All around us-minutes away
ZIP LINE	Coming in 2015-Main Camp

#### Comments:

Mountain climbing. Given sufficient time, we can arrange for a guide, provisions, and transportation to and from some mountains you may wish to explore.

Two suggested climbs: Ampersand Mountain (more difficult) is an excellent half to full day climb, located about 40-minutes from the Dry Island mainland dock. For an easy and rewarding one-hour climb, there is Big Crow in Keene Valley. The climb takes under an hour. The views from the top of the mountain are exceptional, and this is a reasonable trek for guests of all ages. A local climb (easy) is Panther Mt. or Mt. St. Regis (moderate)

Hiking. The hike into Lower Ausable Lake in Keene Valley is a scenic and memorable trip. The terrain on the main trail is gentle, with brooks and waterfalls along the way. Off the main trails are others that lead to various High Peaks. At the end of the main trail, mountains rise dramatically from the edges of tranquil and uninhabited Lower Au Sable Lake. This trail is about a seven mile round trip, from the trailhead at the Au Sable Club. This is also an excellent trail for cross-country skiing. Dry Island staff will arrange transportation and can also pack provisions, or make arrangements for lunch at the Elm Tree Inn or elsewhere.

Nearer to Dry Island, the half-mile to 4-mile hikes into Little Green, Fish, and Bone Ponds provide a refreshing journey through old growth forest. One can also drive into Little Green and paddle around this very scenic gem of a pond.

Canoeing. Let us arrange a guide for a paddling expedition on Upper, Middle or Lower Saranac Lake. Middle Saranac Lake is largely uninhabited and has a pleasant natural beach that leads to a lovely forested trail. Lower Saranac Lake is dotted with islands and rewarding mountain views.

Shelburne Museum and Shelburne Farms. Staff can arrange ground or helicopter transportation to these two destinations on Lake Champlain in Vermont, roughly 2 hours drive.

Adirondack Museum, Blue Mountain Lake – This is the grand daddy of all Adirondack Museums. This is an excellent half or full day for kids and adults. Don't miss it. Roughly one hour drive from here.

Seaplane tours. Tom Helms operates a small fleet of planes out of Long Lake, NY. See us for details. Lots of fun. He can pick and drop off right at Dry Island on the beach.

Lake Placid sports and entertainment events are plentiful. Dry Island staff will apprise you of events scheduled during your stay and procure tickets, reservations or other necessary arrangements.

Golf. Staff will arrange tee times at the Saranac Inn Golf Club, located just 5 minutes from the Dry Island mainland dock.

Tennis. Excellent courts at Paul Smiths College, about ten miles from the Dry Island mainland dock.

Libraries. Paul Smiths College has a handsome and comfortable new \$15M public library recently opened.

Running and power walking. The staff will arrange for transportation to the Dry Island mainland dock, or you may wish to paddle over in a canoe, or use the Zodiac. There is a 3-1/2 mile course from the dock through the Saranac Inn golf club. Please inquire about the route.